

QUICK TIPS:

Multiple Embryo Transfer Pre-Approval Process

Progyny's mission is to make any member's dream of parenthood come true through a healthy, timely and supported fertility and family building journey. Although our physicians sign attestations agreeing to follow ASRM guidelines annually, we are refining our authorization process to further ensure compliance with ASRM's Multiple Embryo Transfer (MET) policies. This process will guarantee that multiple embryos are only transferred when medically necessary.

The steps below outline the process for MET notification, approval, or denial.

- When a clinic requests authorization for any cycle involving a transfer, approval will be provided automatically for Single Embryo Transfer (SET).
 - If SET is planned, no further action is needed by the clinic and the cycle will proceed as usual.
 - Should a member's treatment plan include transferring more than one embryo, a representative from the clinic will be required to request preapproval from Progyny via email: clinicaldataspecialist@progyny.com
 - Progyny will send an attestation via email to the clinic for confirmation that the MET is within ASRM guidelines.
 - If MET follows ASRM guidelines, the clinic will receive an email confirmation. No further action is needed by the clinic and the cycle will proceed as usual.
 - Should the clinic wish to pursue MET that does not follow ASRM guidelines, information regarding the circumstances of the transfer must be provided to Progyny for review by a member of our Medical Advisory Board (MAB).
 - The MAB member will review the documentation and approve or deny the request within four business days.
 - If approved, the clinic will receive an email confirmation. No further action is needed by the clinic and the cycle will proceed as usual.
 - If denied, and if the member and provider decide to move forward with MET, then the transfer will not be covered.
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QUICK TIPS:

What if SET vs. MET is unknown until the time of transfer?

If MET is unknown until the time of transfer, or approval has not yet been received, please proceed with treatment. After completion of the cycle please reach out to Progyny to retroactively complete the attestation that MET was within ASRM guidelines. If MET was not within the ASRM guidelines, then provider is assuming risk that coverage of treatment may be denied upon review.



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